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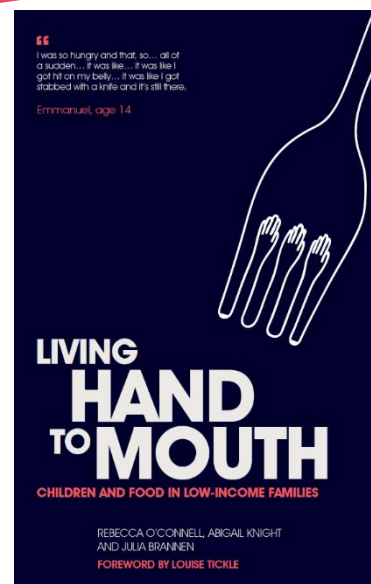
# LIVING HAND TO MOUTH

## BOOK SUMMARY

This book by Rebecca O’Connell, Abigail Knight and Julia Brannen brings the latest research on food poverty together with the voices of children and young people experiencing food poverty first hand.

What are the social and family circumstances that leave children hungry and prevent them eating in socially acceptable ways? What part does school food play in the diets of children whose families are on low incomes?

Illustrated with photographs by young people and researchers, the book sheds light on the various dimensions of food poverty, including hunger, poor diets and social participation as well as families who are eating well despite having a low income. It asks who is responsible for making sure young people eat well and have access to adequate food for health and social participation, and includes recommendations from CPAG.



## SPECIFICATIONS

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Living Hand to Mouth

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